**Abortion consultation: simulated practice**

You are Sal, aged 42.

You live with your partner Jay and your three children, aged 12, 8 and 5. You have recently returned to work (very important to you after years at home with the kids).

As soon as you saw the pregnancy test was positive, you knew straight away that you didn’t want to continue with the pregnancy. You have no doubts this is the right decision for you and your family.

You and Jay have felt your family is complete since the birth of your third child. You don’t feel you could cope with being at home full-time again. You are worried that it would be impossible to manage a job with a fourth child and that not working would put financial strain on the family.

Jay is a supportive partner. He agrees that not having another child is best for your family. You are sure this decision is right for you and no-one is putting pressure on you to end the pregnancy.

You have also spoken to your mum and best friend about the pregnancy and they are supportive of your decision to have an abortion.

You have no religious beliefs and have always believed women should have the right to choose an abortion.

Just in case you’re asked…

**LMP**: 6 weeks ago

**Sexual Health:** Regular male partner for 15 years, last STI screen 5 years ago, no other partners last 15 years.

**Medical History**: 3 past pregnancies, all spontaneous vaginal deliveries, no surgery, medical conditions, mental health illness, drugs, allergies.

**Contraception:** Currently using condoms. You would like to try a contraceptive implant in the future.